

Skaneateles School Health Services:

School Nurses:

High School:	Brittany Gray	Telephone: 291-2235	Fax: 291-2208
Middle School:	Jennifer Wolfanger	Telephone: 291-2245	Fax: 291-2335
State Street:	Mikhel DeRosalia	Telephone: 291-2265	Fax: 291-2256
Waterman:	Michelle Persse	Telephone: 291-2355	Fax: 291-2302

The district's School Health Services program supports our student's academic success by promoting health and wellness in the school setting.

During the school year, the following screenings that are mandated by the State of New York will be required or completed at school:

Health Appraisals:

- A physical examination including Body Mass Index and Weight Status Category is required for all newly entering students and students in Pre-K, K, Grades 1, 3, 5, 7, 9, and 11. Physical exams are offered at school for students who are unable to have them done by their own physician.
- A student's height and weight is measured as part of a physical examination. These measurements are used to determine a student's body mass index or "BMI". The "BMI" helps determine if a student's weight is in a healthy range. Recent changes in New York State Education Law require BMI and weight status category (BMI%) be included as part of a student's physical examination. A sample of school districts will be selected each year to take part in a survey by the New York State Health Department. When our school is selected to be a part of the survey, we will be reporting information about our students' weight status category. Only summary information will be sent. No names or information about individual students will be included. You may choose to have your child's information excluded from this survey report.
- Physical exams are also required prior to participation in interscholastic sports. Sports physicals are offered at school for students lacking a physical exam, done within 12 months prior to the start of their sports season. Please check district calendar for dates of Sports Physicals.
- Work Permits can be obtained through the High School and Middle School Guidance Offices. A physical exam is required within 12 months of application.

Dental Certificates:

New York State law (Chapter 281) directs schools to request a dental certificate for all newly entering students and students in Kindergarten, Grades 1, 3, 5, 7, 9, and 11. There is a list of Dental Providers in our area who offer free or reduced fee dental screening. It is available in the school health offices.

Health Screenings:

New York State mandates that health related screening **be completed per the following requirements:**

- **Vision:** Distance and Near vision acuity for all new students and students in Kindergarten, Grades 1, 3, 5, 7, 9 and 11. Color perception screenings are completed for all new students.
- **Hearing:** Hearing screening for all new students and students in Kindergarten, Grades 1, 3, 5, 7, 9 and 11.
- **Scoliosis:** Scoliosis (spinal curvature) screening for all female students in Grades 5 and 7, and Male students in Grade 9.

A letter will be sent home by the school nurse if there are any findings on the screening done at school that would cause concern or require medical follow-up.

Other school health related activities overseen by the school nurse include:

Immunizations:

There are numerous immunizations required for school entrance/ attendance in New York State. The school nurse will receive and review immunization records from all students for school admission. The school nurse will notify students lacking any of the required immunizations. Failure to comply within 15 days, from the notification could result in suspension from school according to New York State Law.

Medication Administration:

The policy for students receiving medication in school is as follows:

- No medication (prescription or over-the-counter) will be given in school without a written doctor's order and signed consent from the student's parent.
- The medication must be brought to and picked up from school by a responsible adult in the original, labeled container.
- Do not send over-the-counter medicines (i.e. cough drops, pain relievers, ointments etc.) to school with your child. These medications will not be administered without fulfillment of the requirements stated above.
- Students may not carry medications with them at school; all medications are kept in the Health Office. Students with consent to carry life-saving medication will receive direction through the Health Office.
- All medication orders are approved for 1 calendar year from when the order was written.

Attendance:

High School/Middle School – Please call the Main Office first thing in the morning to report if your child is going to be absent or tardy & provide a reason. All absences also require a written excuse from a parent per New York State Education Law.

State Street/Waterman - Please call the Health Office first thing in the morning to report if your child is going to be absent or tardy and please provide a reason. All absences and late arrivals also require a written excuse from a parent per New York State Education Law.

Phys. Ed. Excuses:

All students with an illness or injury who need to be excused from physical education class must have a note from their parent or doctor. Parents may excuse a child from phys. ed. for no more than two consecutive classes, after that a doctor's note is required. If a doctor excuses a student from physical education, then a doctor note is required to release the student back to class. If a student has a cast, splint, crutches or stitches they may not participate in phys. ed. and should have a note from their doctor.

Health Concerns:

If a student has any health concerns, including regular medications that would be important to provide for Emergency Medical Personnel in the case of an emergency, please be sure to share that information with the school nurse.

For further information on these and other health related issues please contact your child's school nurse directly.