



Skaneateles Central School District
Athletic Department

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315-291-2236 – www.skanschools.org

“A Tradition of Excellence”

STEPHEN J. MUSSO
*Director of Student Wellness,
Activities, and Athletics*

DEANN SEARS
Athletic Coordinator

STACEY PATALINO
Athletic Trainer

Dear Health Care Provider,

We have reason to believe the athlete you are seeing may have sustained a concussion. The *National Federation of State High School Associates* (NFHS) Concussion rule states, “Any athlete who exhibits signs, symptoms or behaviors consistent with a concussion such as loss of consciousness, headaches, dizziness, confusion or balance problems shall be immediately removed from the contest and shall not return to play until *cleared* by an appropriate health-care professional.”

For your convenience, we have included the checklist we completed at the time of injury. In order for our athlete to resume participation, Skaneateles Central School District requires clearance from an M.D., although, final clearance for full participation will be determined by our school medical officer. To help facilitate the safe return to play of our athlete, please complete the *Physician’s Evaluation* form found on the back of this letter.

Skaneateles Central School District is currently implementing an innovative program for our student-athletes. This program will assist our team physicians/athletic trainers in evaluating and treating head injuries (e.g., concussion). In order to better manage concussions sustained by our student-athletes, we have acquired a software tool called ImpACT (Immediate Post Concussion Assessment and Cognitive Testing). ImpACT is a computerized exam utilized in many professional, collegiate, and high school sports programs across the country to successfully diagnose and manage concussions. If an athlete is believed to have suffered a head injury during competition, ImpACT provides data to help determine the severity of head injury and when the injury has fully healed.

If an athlete sustains a concussion, he/she will be required (with parental consent) to re-take the test as part of our return to play protocol. You may request (in writing) a re-administration of the test 24-72 hours after the injury or anytime thereafter. Both the pre and post-injury test data will be made available to you. The test data may assist you in determining when return-to-play is appropriate and safe for the injured athlete.

Sincerely,

Stephen J. Musso