

**REQUIRED NYS SCHOOL HEALTH EXAMINATION FORM  
TO BE COMPLETED BY PRIVATE HEALTH CARE PROVIDER OR SCHOOL MEDICAL DIRECTOR  
IF AN AREA IS NOT ASSESSED INDICATE NOT DONE**

**Note:** NYSED requires a physical exam for new entrants and students in Grades Pre-K or K, 1, 3, 5, 7, 9 & 11; annually for interscholastic sports; and working papers as needed; or as required by the Committee on Special Education (CSE) or Committee on Pre-School Special education (CPSE).

**STUDENT INFORMATION**

|         |  |            |
|---------|--|------------|
| Name    | Sex: <input type="checkbox"/> M <input type="checkbox"/> F | DOB:       |
| School: | Grade:   | Exam Date: |

**HEALTH HISTORY**

|   |   |
|---|---|
| <b>Allergies</b> <input type="checkbox"/> No<br><input type="checkbox"/> Yes, indicate type | Type:<br><input type="checkbox"/> Medication/Treatment Order Attached <input type="checkbox"/> Anaphylaxis Care Plan Attached   |
| <b>Asthma</b> <input type="checkbox"/> No<br><input type="checkbox"/> Yes, indicate type    | <input type="checkbox"/> Intermittent <input type="checkbox"/> Persistent <input type="checkbox"/> Other :<br><input type="checkbox"/> Medication/Treatment Order Attached <input type="checkbox"/> Asthma Care Plan Attached |
| <b>Seizures</b> <input type="checkbox"/> No<br><input type="checkbox"/> Yes, indicate type  | Type: <input type="checkbox"/> Medication/Treatment Order Attached <input type="checkbox"/> Seizure Care Plan Attached<br>Date of last seizure:   |
| <b>Diabetes</b> <input type="checkbox"/> No<br><input type="checkbox"/> Yes, indicate type  | Type: <input type="checkbox"/> 1 <input type="checkbox"/> 2<br><input type="checkbox"/> Medication/Treatment Order Attached <input type="checkbox"/> Diabetes Medical Mgmt. Plan Attached                                     |

**Risk Factors for Diabetes or Pre-Diabetes:** Consider screening for T2DM if BMI% > 85% and has 2 or more risk factors: Family Hx T2DM, Ethnicity, Sx Insulin Resistance, Gestational Hx of Mother, and/or pre-diabetes.

BMI \_\_\_\_\_ kg/m2

**Percentile (Weight Status Category):**  <5<sup>th</sup>  5<sup>th</sup>-49<sup>th</sup>  50<sup>th</sup>-84<sup>th</sup>  85<sup>th</sup>-94<sup>th</sup>  95<sup>th</sup>-98<sup>th</sup>  99<sup>th</sup> and >

**Hyperlipidemia:**  No  Yes  Not Done      **Hypertension:**  No  Yes  Not Done

**PHYSICAL EXAMINATION/ASSESSMENT**

|   |   |  |  |  |
|---|---|--|--|--|
| <b>Height:</b>  | <b>Weight:</b>                          | <b>BP:</b>                             | <b>Pulse:</b>  | <b>Respirations:</b>   |
| <b>Laboratory Testing</b>   | <b>Positive</b>                         | <b>Negative</b>                        | <b>Date</b>  | <b>List Other Pertinent Medical Concerns<br/>(e.g. concussion, mental health, one functioning organ)</b> |
| TB- PRN   | <input type="checkbox"/>                | <input type="checkbox"/>               |  |  |
| Sickle Cell Screen-PRN  | <input type="checkbox"/>                | <input type="checkbox"/>               |  |  |
| <b>Lead Level Required Grades Pre- K &amp; K</b>  |   |  | <b>Date</b>  |  |
| <input type="checkbox"/> Test Done <input type="checkbox"/> Lead Elevated $\geq 5 \mu\text{g/dL}$ |   |  |  |  |
| <input type="checkbox"/> <b>System Review and Abnormal Findings Listed Below</b>                  |   |  |  |  |
| <input type="checkbox"/> HEENT  | <input type="checkbox"/> Lymph nodes    | <input type="checkbox"/> Abdomen       | <input type="checkbox"/> Extremities                       | <input type="checkbox"/> Speech  |
| <input type="checkbox"/> Dental   | <input type="checkbox"/> Cardiovascular | <input type="checkbox"/> Back/Spine    | <input type="checkbox"/> Skin                              | <input type="checkbox"/> Social Emotional  |
| <input type="checkbox"/> Neck   | <input type="checkbox"/> Lungs          | <input type="checkbox"/> Genitourinary | <input type="checkbox"/> Neurological                      | <input type="checkbox"/> Musculoskeletal   |
| <input type="checkbox"/> Assessment/Abnormalities Noted/Recommendations:                          |   |  | Diagnoses/Problems (list)                                  | ICD-10 Code*   |
| <input type="checkbox"/> Additional Information Attached  |   |  | *Required only for students with an IEP receiving Medicaid |  |

|  |  |   |  |  |                          |
|--|--|---|--|--|--------------------------|
| Name:  |  |   |  | DOB:   |                          |
| <b>SCREENINGS</b>  |  |   |  |  |                          |
| <b>Vision</b> (w/correction if prescribed)   |  | <b>Right</b>  | <b>Left</b>  | <b>Referral</b>  | <b>Not Done</b>          |
| Distance Acuity  |  | 20/   | 20/  | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> |
| Near Vision Acuity   |  | 20/   | 20/  |  | <input type="checkbox"/> |
| Color Perception Screening   |  | <input type="checkbox"/> Pass <input type="checkbox"/> Fail             |  |  | <input type="checkbox"/> |
| Notes  |  |   |  |  |                          |
| <b>Hearing</b> Passing indicates student can hear 20dB at all frequencies: 500, 1000, 2000, 3000, 4000 Hz; for grades 7 & 11 also test at 6000 & 8000 Hz.  |  |   |  |  | <b>Not Done</b>          |
| Pure Tone Screening  | <b>Right</b> <input type="checkbox"/> Pass <input type="checkbox"/> Fail | <b>Left</b> <input type="checkbox"/> Pass <input type="checkbox"/> Fail | <b>Referral</b> <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/>                                 |                          |
| Notes  |  |   |  |  |                          |
| <b>Scoliosis</b> Screen Boys in grade 9, and Girls in grades 5 & 7   |  | <b>Negative</b>   | <b>Positive</b>  | <b>Referral</b>  | <b>Not Done</b>          |
|  |  | <input type="checkbox"/>  | <input type="checkbox"/>   | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> |
| <b>RECOMMENDATIONS FOR PARTICIPATION IN PHYSICAL EDUCATION/SPORTS/PLAYGROUND/WORK</b>  |  |   |  |  |                          |
| <input type="checkbox"/> <b>Student may participate in all activities without restrictions.</b><br><input type="checkbox"/> <b>Student is restricted from participation in:</b><br><input type="checkbox"/> <b>Contact Sports:</b> Basketball, Competitive Cheerleading, Diving, Downhill Skiing, Field Hockey, Football, Gymnastics, Ice Hockey, Lacrosse, Soccer, and Wrestling.<br><input type="checkbox"/> <b>Limited Contact Sports:</b> Baseball, Fencing, Softball, and Volleyball.<br><input type="checkbox"/> <b>Non-Contact Sports:</b> Archery, Badminton, Bowling, Cross-Country, Golf, Riflery, Swimming, Tennis, and Track & Field.<br><input type="checkbox"/> <b>Other Restrictions:</b> |  |   |  |  |                          |
| <b>Developmental Stage for Athletic Placement Process <u>ONLY</u> required</b> for students in Grades 7 & 8 who wish to play at the high school interscholastic sports level <b>OR</b> Grades 9-12 who wish to play at the modified interscholastic sports level.<br><b>Tanner Stage:</b> <input type="checkbox"/> I <input type="checkbox"/> II <input type="checkbox"/> III <input type="checkbox"/> IV <input type="checkbox"/> V      Age of First Menses (if applicable) : _____  |  |   |  |  |                          |
| <input type="checkbox"/> <b>Other Accommodations*:</b> (e.g. Brace, orthotics, insulin pump, prosthetic, sports goggle, etc.) Use additional space below to explain. *Check with athletic governing body if prior approval/form completion required for use of device at athletic competitions.  |  |   |  |  |                          |
| <b>MEDICATIONS</b>   |  |   |  |  |                          |
| <input type="checkbox"/> <b>Order Form for Medication(s) Needed at School Attached</b>   |  |   |  |  |                          |
| <b>IMMUNIZATIONS</b>   |  |   |  |  |                          |
|  |  | <input type="checkbox"/> Record Attached                                | <input type="checkbox"/> Reported in NYSIIS                              |  |                          |
| <b>HEALTH CARE PROVIDER</b>  |  |   |  |  |                          |
| Medical Provider Signature:  |  |   |  |  |                          |
| Provider Name: <i>(please print)</i>   |  |   |  |  |                          |
| Provider Address:  |  |   |  |  |                          |
| Phone:   |  |   | Fax:   |  |                          |
| <b>Please Return This Form To Your Child's School When Completed.</b>  |  |   |  |  |                          |