

* New this year: Students will pre-order meals on Monday in the classroom for the entire week.

* Meals will be delivered to classroom

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
Labor Day No School 7	<u>Whole Grain Chicken Nuggets w/ BBQ sauce</u> Whole Grain Dinner Roll Emoji Fries Carrot Coins Applesauce Milk Choice	Brunch For Lunch! <u>Mini Chocolate Chip Pancakes w/ Syrup</u> Danimals Yogurt Baby Carrots & Dip Chilled Peaches Milk Choice	<u>Cheeseburger on Whole Grain Bun</u> Baked Beans Crunchy Veggies & Dip Fresh NYS Apple Milk Choice	No School 11
<u>Cheesy Bread Sticks w/ Side of Marinara Sauce</u> Crunchy Broccoli Florets w/ Dip NYS Apple Slices Milk Choice	Chinese Take Out! <u>Mandarin Orange Chicken</u> Steamed Brown Rice Steamed Edamame Fresh Cantaloupe Chunks Milk Choice	Brunch for Lunch! <u>Mini Waffles with Syrup</u> Danimals Yogurt Cherry Star Juice Crunchy Veggies & Dip Chilled Peaches Milk Choice	NY Thursday <u>Barilla Pasta & Meatballs</u> Garlic Texas Toast Cucumber Slices & Celery Sticks Fresh NYS Apple Milk Choice	<u>Homemade Cheese Pizza</u> Tossed Romaine Salad & Dressing Crunchy Baby Carrots & Dip Fresh Orange Milk Choice
Whole Grain Breaded Popcorn Chicken w/ BBQ Whole Grain Dinner Roll Carrots & Celery Sticks w/ Hummus Sweet Corn NYS Apple Slices Milk choice	Personal Pan Pizza Tossed Romaine Salad w/ Dressing Chilled Peaches Milk Choice	Brunch For Lunch! <u>French Toast Sticks with Syrup</u> Chicken Sausage Dragon Punch Juice Fresh NYS Apple Milk Choice	Chinese Take Out! <u>Sweet & Sour Chicken</u> Steamed Brown Rice Steamed Edamame Crunch Baby Carrots & Dip Applesauce Milk Choice	Homestyle Mac & Cheese Whole Grain Goldfish Green Pepper Strips w/ Hummus Fresh Strawberry Cup Milk Choice
Whole Grain Chicken Tenders Sweet Potato Fries Crunchy veggies w/ dip Fresh Pear Milk Choice	Taco Tuesday! <u>Beef Taco with Lettuce, tomato and Cheese on the side</u> Taco Fiesta Black Beans Fresh orange Milk choice	Brunch For Lunch! <u>Mini Maple Pancakes with Syrup</u> Danimals Yogurt Cherry Star Juice NYS Apple Slices Milk Choice		



The 5 Food Components that make up a meal are: Meat/Meat Alternate, Grain, Fruit, Veggie & Milk. Students must have at least 3 menu items on their tray to count as a lunch. One item must be a fruit or veggie. A variety of fresh/canned fruits & veggies and milk choice are available each day.

Skaneateles Central School is an equal opportunity employer.

Elementary School Lunch Price \$3.00 Milk \$0.75