

Monday
Tuesday
Wednesday
Thursday
Friday
Chicken Nuggets
6

Oven Fries
 Assorted Fruit
 Veggies/Dip
 Tossed Romaine Salad
 Milk Choice

Meatball Sub Sandwich
13

Seasoned Broccoli
 Tossed Romaine Salad
 Assorted Fruit
 Veggies/Dip
 Milk Choice

State Street: Philly Cheesesteak
 W/ peppers & onions
20

Waterman: Chicken Nuggets
 Oven Fries
 Tossed Romaine Salad
 Assorted Fruit and Veggies/Dip
 Milk Choice

Memorial Day
27
NO SCHOOL
Chinese Take Out!
 Sweet and Sour Chicken
7

Steamed Brown Rice
 Steamed Edamame
 Assorted Fruit
 Veggies/Dip
 Tossed Romaine Salad
 Milk Choice

Nacho Grande
14

w/ Taco Meat, Cheese, Lettuce,
 Tomato on Tortilla Chips
 Vegetarian Refried Beans
 Assorted Fruit
 Veggies/Dip
 Tossed Romaine Salad
 Milk Choice

Chinese Take Out!
 Mandarin Orange Chicken
21

Steamed Brown Rice
 Steamed Broccoli
 Assorted Fruit
 Veggies/Dip
 Tossed Romaine Salad
 Milk Choice

TACO TUESDAY!
28

Beef Tacos on Whole Grain Tortilla
 with cheese, lettuce & tomato
 Refried beans
 Assorted Fruit
 Veggies & Dip/ Tossed Romaine Salad
 Milk Choice

Brunch For Lunch!
1

Egg & Cheese on
 Whole Grain Bagel
 Hash brown rounds
 Assorted Fruit
 Veggies/Dip
 Tossed Romaine Salad
 Milk Choice

Brunch For Lunch!
8

French Toast Sticks with Syrup
 Sausage
 Cherry Star Juice
 Assorted Fruit
 Veggies/Dip
 Tossed Romaine Salad
 Milk Choice

Brunch For Lunch!
15

Mini Waffles with Syrup
 Berry Yogurt Smoothie
 Dragon Punch Juice
 Assorted Fruit
 Veggies/Dip
 Tossed Romaine Salad
 Milk Choice

Brunch For Lunch!
22

Mini Pancakes with Syrup
 Sausage
 Dragon Punch Juice
 Assorted Fruit
 Veggies/Dip
 Tossed Romaine Salad
 Milk Choice

Brunch For Lunch!
29

Egg & Cheese on
 Whole Grain Bagel
 Hash brown rounds
 Assorted Fruit
 Veggies/Dip
 Tossed Romaine Salad
 Milk Choice

Popcorn Chicken
2

Sweet Potato Fries
 Dinner Roll
 Assorted Fruit
 Veggies/Dip
 Tossed Romaine Salad
 Milk Choice

Ultimate Grilled Cheese
9

Low Sodium Tomato Soup
 Seasoned Broccoli
 Tossed Romaine Salad
 Assorted Fruit
 Veggies/Dip
 Milk Choice

Pasta with Meat Sauce
16

Seasoned Green Beans
 Whole Grain Texas Toast
 Tossed Romaine Salad
 Assorted Fruit
 Veggies/Dip
 Milk Choice

Hot Dog on Bun
23

Baked Beans
 Assorted Fruit
 Veggies/Dip
 Tossed Romaine Salad
 Milk Choice

Pizza Crunchers &
 Mozzarella Sticks w/
 Marinara Sauce
30

Tossed Romaine Salad
 Assorted Fruit
 Veggies/Dip
 Milk Choice

Cheesy Bosco Sticks w/
 Marinara Sauce
3

Tossed Romaine Salad
 Assorted Fruit
 Veggies/Dip
 Milk Choice

Fiesta Day
 Chicken Burrito
10

Black Bean & Corn Salad
 Assorted Fruit
 Veggies/Dip
 Tossed Romaine Salad
 Milk Choice

Popcorn Chicken
17

Oven Fries
 Assorted Fruit
 Veggies/Dip/ Tossed Romaine Salad
 Milk Choice

NO SCHOOL
24
Cheeseburger on Bun
31

Emoji Fries
 Assorted Fruit
 Veggies/Dip
 Tossed Romaine Salad
 Milk Choice

The 5 Food Components that make up a meal are: Meat/Meat Alternate, Grain, Fruit, Veggie & Milk. Students must have at least 3 menu items on their tray to count as a lunch. One item must be a fruit or veggie. A variety of fresh/canned fruits & veggies and milk choice are available each day.

Skaneateles Central School is an equal opportunity employer.

Elementary School Lunch Price is \$2.85