

Monday	Tuesday	Wednesday	Thursday	Friday
<b>GF Mozzarella Sticks</b> <b>3</b> Tossed Romaine Salad Assorted Fruit Veggies/Dip Milk Choice	<b>Chinese Take Out!</b> <b>4</b> Gf General Tso's Chicken Steamed Brown Rice & Egg Roll Steamed Broccoli & Edamame Assorted Fruit Veggies/Dip Tossed Romaine Salad Milk Choice	<b>Brunch For Lunch!</b> <b>5</b> GF French Toast Sticks with Syrup Sausage Dragon Punch Juice Assorted Fruit Veggies/Dip Tossed Romaine Salad Milk Choice	<b>Oven Roasted Turkey w/ Gravy</b> <b>6</b> Mashed Potatoes Glazed Carrots & Peas GF Biscuit Assorted Fruit Veggies/Dip Tossed Romaine Salad Milk Choice	<b>GF Pasta and Meatballs w/Spaghetti sauce</b> <b>7</b> Seasoned Green Beans GF Garlic Texas Toast Tossed Romaine Salad Assorted Fruit Veggies/Dip Milk Choice
<b>GF Pizza</b> <b>10</b> Tossed Romaine Salad Assorted Fruit Veggies/Dip Milk Choice	<b>TACO TUESDAY!</b> <b>11</b> <b>GF Nachos with cheese, lettuce &amp; tomato</b> Brown Rice Refried beans Assorted Fruit Veggies & Dip/ Tossed Romaine Salad Milk Choice	<b>Brunch For Lunch!</b> <b>12</b> <b>GF Mini Waffles with Syrup</b> Sausage Cherry star Juice Assorted Fruit Veggies/Dip Tossed Romaine Salad Milk Choice	<b>GF Ultimate Grilled Cheese</b> <b>13</b> Tossed Romaine Salad Assorted Fruit Veggies/Dip Milk Choice	<b>Oven Roasted Turkey w/ Gravy</b> <b>14</b> Mashed Potatoes Glazed Carrots & Peas GF Biscuit Assorted Fruit Veggies/Dip Tossed Romaine Salad Milk Choice
<b>LAST DAY HIGH SCHOOL</b> <b>17</b> <b>GF Chicken Tenders</b> Baked Beans GF Dinner Roll Assorted Fruit Veggies/Dip Tossed Romaine Salad Milk Choice	<b>Chinese Take Out!</b> <b>18</b> <b>GF Sweet and Sour Chicken</b> Steamed Brown Rice Crispy Egg Roll & Steamed Broccoli Assorted Fruit Veggies/Dip Tossed Romaine Salad Milk Choice	<b>Hamburger Bar on GF Bun</b> <b>19</b> Sweet Potato Fries Assorted Fruit Veggies/Dip Tossed Romaine Salad Milk Choice	<b>GF Hot Dog on GFBun</b> <b>20</b> Oven Fries Assorted Fruit Veggies/Dip Tossed Romaine Salad Milk Choice	<b>Hot Ham &amp; Cheese on GF Roll</b> <b>21</b> Green Beans Assorted Fruit Veggies/Dip Tossed Romaine Salad Milk Choice
<b>GF Pizza</b> <b>24</b> Assorted Fruit Veggies/Dip Tossed Romaine Salad Milk Choice	<b>HALF DAY NO LUNCH</b> <b>25</b>	<b>LAST DAY OF SCHOOL</b> <b>26</b> HALF DAY NO LUNCH	<b>27</b>	<b>28</b>



**The 5 Food Components that make up a meal are: Meat/Meat Alternate, Grain, Fruit, Veggie & Milk. Students must have at least 3 menu items on their tray to count as a lunch. One item must be a fruit or veggie. A variety of fresh/canned fruits & veggies and milk choice are available each day.**

**Skaneateles Central School is an equal opportunity employer.**

**Elementary Lunch Price is \$2.85**