

FEBRUARY 2019

Skaneateles Elementary Schools

Available Daily: PBJ Yogurt Meal

Sandwich Special: M – Ham & Cheese T – Chicken Caesar W – Bologna & Cheese Th – Roasted Turkey F- Chicken Salad

PAY FOR MEALS ONLINE

MvSchoolBucks.com

M&F: Homemade pizza T,W, TH- personal pan pizza

Monday Tuesday Wednesday **Thursday Friday** No School Staff Day Cheesy Bosco Sticks w/ **Chinese Take Out! Brunch For Lunch!** Popcorn Chicken 8 Marinara Sauce Mandarin Orange Chicker Mini Waffles with Syrup Oven Baked Chicken w/ Gra Baked Beans Danimals Yogurt Oven fries Steamed Rice Mashed Potato, Biscuit Dinner Roll Tossed Romaine Salad Steamed Broccoli & Egg Roll Orange Medley Juice Carrots Assorted Fruit Assorted Fruit Assorted Fruit Assorted Fruit Assorted Fruit Veggies/Dip Veggies/Dip Veggies/Dip Veggies/Dip Veggies/Dip Tossed Romaine Salad Milk Choice Tossed Romaine Salad Tossed Romaine Salad Tossed Romaine Salad Milk Choice Milk Choice Milk Choice Milk Choice Ultimate Grilled Cheese 14 11 **Brunch For Lunch!** Cheeseburger **TACO TUESDAY!** Bacon, Egg & Cheese on Beef Tacos on Whole Grain To State Street: Chicken Patty on Broccoli Whole Grain Bagel Low Sodium Tomato Soup with cheese. lettuce & tomato Waterman: Chicken Nuggets w/ Hash brown rounds Assorted Fruit Green Beans Mexican Corn Salad Whole Grain Dinner Roll Assorted Fruit Veggies/Dip **Tossed Romaine Salad** Assorted Fruit **Baked Beans** Tossed Romaine Salad Veggies/Dip Assorted Fruit Veggies/Dip/ Tossed Romaine Salad Tossed Romaine Salad Milk Choice **Tossed Romaine Salad** Veggies/Dip Milk Choice Assorted Fruit and Veggies/Dip Milk Choice Milk Choice Milk Choice 20 18 21 WINTER BREAK **WINTER BREAK** WINTER BREAK WINTER BREAK WINTER BREAK PRESIDENTS DAY NO SCHOOL **NO SCHOOL** NO SCHOOL **NO SCHOOL** NO SCHOOL Cheesy Bosco Sticks w/ **Chinese Take Out! Brunch For Lunch!** Spaghetti with Meat Saud Whole Grain Texas Toast Marinara Sauce Mandarin Orange Chicken Mini Pancakes with Syrup Green Beans Steamed Brown Rice Wild Berry Smoothie Assorted Fruit Steamed Broccoli or Edamame **Tossed Romaine Salad** Assorted Fruit Veggies/Dip Assorted Fruit Assorted Fruit Veggies/Dip **Tossed Romaine Salad** Veggies/Dip Veggies/Dip **Tossed Romaine Salad** Milk Choice Milk Choice Tossed Romaine Salad Milk Choice Milk Choice

The 5 Food Components that make up a meal are: Meat/Meat Alternate, Grain, Fruit, Veggie & Milk. Students must have at least 3 menu items on their tray to count as a lunch. One item must be a fruit or veggie. A variety of fresh/canned fruits & veggies and milk choice are available each day.