

Monday
Tuesday
Wednesday
Thursday
Friday


1
**No School
 Staff Day**

GF Pizza **4**
 Tossed Romaine Salad
 Assorted Fruit
 Veggies/Dip
 Milk Choice

Chinese Take Out! **5**
GF Mandarin Orange Chicken
 Steamed Rice
 Steamed Broccoli & Egg Roll
 Assorted Fruit
 Veggies/Dip
 Tossed Romaine Salad
 Milk Choice

Brunch For Lunch! **6**
GF Waffles with Syrup
 Danimals Yogurt
 Orange Medley Juice
 Assorted Fruit
 Veggies/Dip
 Tossed Romaine Salad
 Milk Choice

7
GF Oven Baked Chicken w/ Gravy
 Mashed Potato, GF Roll
 Carrots
 Assorted Fruit
 Veggies/Dip
 Tossed Romaine Salad
 Milk Choice

8
GF Chicken Tenders
 Baked Beans
 Oven fries
 GF roll
 Assorted Fruit
 Veggies/Dip
 Tossed Romaine Salad
 Milk Choice

Cheeseburger on GF Roll **11**
 Broccoli
 Assorted Fruit
 Veggies/Dip
 Tossed Romaine Salad
 Milk Choice

TACO TUESDAY! **12**
Beef Tacos on GF Tortilla with
 cheese, lettuce & tomato
 Mexican Corn Salad
 Assorted Fruit
 Veggies/Dip/ Tossed Romaine Salad
 Milk Choice

Brunch For Lunch! **13**
Bacon, Egg & Cheese on
 GF Bread
 Hash brown rounds
 Assorted Fruit
 Veggies/Dip
 Tossed Romaine Salad
 Milk Choice

14
Ultimate Grilled Cheese
 On GF Bread
 Green Beans
 Tossed Romaine Salad
 Assorted Fruit
 Veggies/Dip
 Milk Choice

15
GF Chicken Tenders
 Baked Beans
 Assorted Fruit
 Veggies/Dip
 Tossed Romaine Salad
 Milk Choice

18
**WINTER BREAK
 PRESIDENTS DAY
 NO SCHOOL**

19
**WINTER BREAK
 NO SCHOOL**

20
**WINTER BREAK
 NO SCHOOL**

21
**WINTER BREAK
 NO SCHOOL**

22
**WINTER BREAK
 NO SCHOOL**

GF Pizza **25**
 Tossed Romaine Salad
 Assorted Fruit
 Veggies/Dip
 Milk Choice

Chinese Take Out! **26**
GF Mandarin Orange Chicken
 Steamed Brown Rice
 Steamed Broccoli or Edamame
 Assorted Fruit
 Veggies/Dip
 Tossed Romaine Salad
 Milk Choice

Brunch For Lunch! **27**
GF Pancakes with Syrup
Wild Berry Smoothie
 Assorted Fruit
 Veggies/Dip
 Tossed Romaine Salad
 Milk Choice

28
GF Spaghetti with Meat Sauce
 GF Bread
 Green Beans
 Assorted Fruit
 Veggies/Dip
 Tossed Romaine Salad
 Milk Choice



The 5 Food Components that make up a meal are: Meat/Meat Alternate, Grain, Fruit, Veggie & Milk. Students must have at least 3 menu items on their tray to count as a lunch. One item must be a fruit or veggie. A variety of fresh/canned fruits & veggies and milk choice are available each day.

**Skaneateles Central School is an equal opportunity employer.
 Elementary School Lunch Price is \$2.85**