

Monday

Cheesy Bosco Sticks w/ Marinara Sauce **3**
 Steamed Broccoli
 Assorted Fruit
 Veggies/Dip
 Tossed Romaine Salad
 Milk Choice

Boneless Chicken Wings **10**
BBQ or Hot
 Crunchy Celery w/ Ranch
 Bush's Baked Beans
 Whole Grain Dinner Roll
 Assorted Fruit
 Veggies/Dip/ Tossed Romaine Salad
 Milk Choice

Home-style Mac & Cheese **17**
 Whole Grain Dinner Roll
 Green Beans
 Assorted Fruit
 Veggies/Dip
 Tossed Romaine Salad
 Milk Choice

Christmas Break **24**

Christmas Break **31**

Tuesday

Chicken Fajitas w/ Peppers and Onions **4**
 Brown Rice
 Refried Beans
 Assorted Fruit
 Veggies/Dip
 Tossed Romaine Salad
 Milk Choice

National "Have a Bagel Day!" **11**
Sausage, Egg & Cheese Breakfast Sandwich
 Hash Browns
 Assorted Fruit
 Veggies/Dip
 Tossed Romaine Salad
 Milk Choice

Chinese Take Out! **18**
General Tso's Chicken
 With Egg Roll and Steamed Brown Rice
 Steamed Broccoli & Steamed Edamame
 Assorted Fruit
 Veggies/Dip
 Tossed Romaine Salad
 Milk Choice

Christmas Break **25**

Wednesday

Brunch For Lunch! **5**
French Toast Sticks
 Sausage Patty
 Orange Medley Juice
 Assorted Fruit
 Veggies/Dip
 Tossed Romaine Salad
 Milk Choice

Penne with Meat Sauce **12**
 Whole Grain Garlic Texas Toast
 Assorted Fruit
 Veggies/Dip
 Tossed Romaine Salad
 Milk Choice

Brunch For Lunch! **19**
Mini Pancakes with Syrup
 Sausage links
 Orange Medley Juice
 Assorted Fruit
 Veggies/Dip
 Tossed Romaine Salad
 Milk Choice

Christmas Break **26**

Thursday

Meatball Sub Sandwich **6**
 Tossed Romaine Salad
 Assorted Fruit
 Veggies/Dip
 Milk Choice

Oven Roasted Turkey w/ Gravy **13**
 Mashed Potatoes
 Glazed Carrots
 Whole Grain Dinner Roll
 Assorted Fruit
 Veggies/Dip
 Tossed Romaine Salad
 Milk Choice

Hot Ham & Cheese on Whole Grain Pretzel Roll **20**
 Oven French Fries
 Assorted Fruit
 Veggies/Dip
 Tossed Romaine Salad
 Milk Choice

Christmas Break **27**

Friday

Shrimp Poppers w/ Dynamite sauce **7**
 Potato Wedges
 Whole Grain Dinner Roll
 Assorted Fruit
 Veggies/Dip
 Tossed Romaine Salad
 Milk Choice

Ultimate Grilled Cheese **14**
 Low Sodium Tomato Soup
 Tossed Romaine Salad
 Assorted Fruit
 Veggies/Dip
 Milk Choice

Christmas Break **21**

Christmas Break **28**

The 5 Food Components that make up a meal are: Meat/Meat Alternate, Grain, Fruit, Veggie & Milk. Students must have at least 3 menu items on their tray to count as a lunch. One item must be a fruit or veggie. A variety of fresh/canned fruits & veggies and milk choice are available each day.

Skaneateles Central School is an equal opportunity employer.

Middle/High School Lunch Price \$3.00

