

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>GF Mozzarella Sticks w/ Marinara Sauce</u> 3 Steamed Broccoli Assorted Fruit Veggies/Dip Tossed Romaine Salad Milk Choice</p>	<p>TACO TUESDAY! 4 Beef Tacos GF Tortilla with cheese, lettuce & tomato Rice Refried Beans Assorted Fruit Veggies/Dip/ Tossed Romaine Salad Milk Choice</p>	<p>Brunch For Lunch! 5 GF French Toast Sticks Sausage Patty Orange Medley Juice Assorted Fruit Veggies/Dip Tossed Romaine Salad Milk Choice</p>	<p><u>GF Pizza w/ Marinara Sauce</u> 6 Assorted Fruit Veggies/Dip Tossed Romaine Salad Milk Choice</p>	<p><u>GF Chicken Tenders</u> 7 Potato Wedges GF Dinner Roll Assorted Fruit Veggies/Dip Tossed Romaine Salad Milk Choice</p>
<p><u>GF Chicken Tenders</u> 10 Crunchy Carrots w/ Ranch Bush's Baked Beans GF Dinner Roll Assorted Fruit Veggies/Dip Tossed Romaine Salad Milk Choice</p>	<p>National "Have a Bagel" Day! 11 <u>Sausage, Egg & Cheese Breakfast Sandwich on GF Roll</u> Hash Browns Assorted Fruit Veggies/Dip Tossed Romaine Salad Milk Choice</p>	<p><u>GF Homemade Spaghetti & Meat Sauce</u> 12 Seasoned Green Beans GF Dinner Roll Assorted Fruit Veggies/Dip Tossed Romaine Salad Milk Choice</p>	<p><u>Oven Roasted Turkey w/ GF Gravy</u> 13 Mashed Potatoes Glazed Carrots GF Dinner Roll Assorted Fruit Veggies/Dip Tossed Romaine Salad Milk Choice</p>	<p><u>Ultimate Grilled Cheese On GF Bread</u> 14 Low Sodium Tomato Soup Assorted Fruit Veggies/Dip Tossed Romaine Salad Milk Choice</p>
<p><u>GF Home Style Mac & Cheese</u> 17 GF Dinner Roll Green Beans Assorted Fruit Veggies/Dip Tossed Romaine Salad Milk Choice</p>	<p>Chinese Take Out! 18 <u>GF Mandarin Orange Chicken</u> With GF egg roll and Steamed Brown Rice Steamed Broccoli & Steamed Edamame Assorted Fruit Veggies/Dip Tossed Romaine Salad Milk Choice</p>	<p>Brunch For Lunch! 19 <u>GF Pancakes with Syrup</u> Sausage Links Orange Medley Juice Assorted Fruit Veggies/Dip Tossed Romaine Salad Milk Choice</p>	<p><u>Hot Ham & Cheese on GF Roll</u> 20 French Fries Assorted Fruit Veggies/Dip Tossed Romaine Salad</p>	<p>Christmas Break 21</p>
<p>Christmas Break 24</p>	<p>Christmas Break 25</p>	<p>Christmas Break 26</p>	<p>Christmas Break 27</p>	<p>Christmas Break 28</p>
<p>Christmas Break 31</p>				

The 5 Food Components that make up a meal are: Meat/Meat Alternate, Grain, Fruit, Veggie & Milk. Students must have at least 3 menu items on their tray to count as a lunch. One item must be a fruit or veggie. A variety of fresh/canned fruits & veggies and milk choice are available each day.

Skaneateles Central School is an equal opportunity employer.
Elementary School Lunch Price is \$2.85

