

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>Cheesy Bosco Sticks w/ Marinara Sauce</u> <b>3</b></p> <p>Steamed Broccoli Assorted Fruit Veggies/Dip Tossed Romaine Salad Milk Choice</p>	<p><b>TACO TUESDAY!</b> <b>4</b></p> <p><u>Beef Tacos on Whole Grain Tortilla with cheese, lettuce &amp; tomato</u></p> <p>Refried Beans Brown Rice Assorted Fruit Veggies/Dip/ Tossed Romaine Salad Milk Choice</p>	<p><b>Brunch For Lunch!</b> <b>5</b></p> <p><u>French Toast Sticks with Syrup</u></p> <p>Sausage Patty Orange Medley Juice Assorted Fruit Veggies/Dip Tossed Romaine Salad Milk Choice</p>	<p><u>Pizza Crunchers w/ Marinara Sauce</u> <b>6</b></p> <p>Assorted Fruit Veggies/Dip Tossed Romaine Salad Milk Choice</p>	<p><u>Chicken Nuggets</u> <b>7</b></p> <p>Whole Grain Dinner Roll Seasoned Potato Wedges Assorted Fruit Veggies/Dip Tossed Romaine Salad Milk Choice</p>
<p><u>Boneless Chicken Wings</u> <b>10</b></p> <p><b>BBQ or Hot</b></p> <p>Crunchy Celery w/ Ranch Bush's Baked Beans Whole Grain Dinner Roll Assorted Fruit Veggies/Dip/ Tossed Romaine Salad Milk Choice</p>	<p><b>National "Have a Bagel Day!"</b> <b>11</b></p> <p><u>Sausage, Egg &amp; Cheese Breakfast Sandwich</u></p> <p>Hash Brown Patty Assorted Fruit Veggies/Dip Tossed Romaine Salad Milk Choice</p>	<p><u>Penne with Meat Sauce</u> <b>12</b></p> <p>Whole Grain Garlic Texas Toast Assorted Fruit Veggies/Dip Tossed Romaine Salad Milk Choice</p>	<p><u>Oven Roasted Turkey w/ Gravy</u> <b>13</b></p> <p>Mashed Potatoes Glazed Carrots Whole Grain Dinner Roll Assorted Fruit Veggies/Dip Tossed Romaine Salad Milk Choice</p>	<p><u>Ultimate Grilled Cheese</u> <b>14</b></p> <p>Low Sodium Tomato Soup Assorted Fruit Veggies/Dip Tossed Romaine Salad Milk Choice</p>
<p><u>Home-style Mac &amp; Cheese</u> <b>17</b></p> <p>Whole Grain Dinner Roll Green Beans Assorted Fruit Veggies/Dip Tossed Romaine Salad Milk Choice</p>	<p><b>Chinese Take Out!</b> <b>18</b></p> <p><u>Mandarin Orange Chicken</u></p> <p>With Egg Roll and Steamed Brown Rice Steamed Broccoli &amp; Steamed Edamame Assorted Fruit Veggies/Dip Tossed Romaine Salad Milk Choice</p>	<p><b>Brunch For Lunch!</b> <b>19</b></p> <p><u>Mini Pancakes with Syrup</u></p> <p>Sausage links Orange Medley Juice Assorted Fruit Veggies/Dip Tossed Romaine Salad Milk Choice</p>	<p><u>Hot Ham &amp; Cheese on Whole Grain Pretzel Roll</u> <b>20</b></p> <p>Oven French Fries Assorted Fruit Veggies/Dip Tossed Romaine Salad Milk Choice</p>	<p><b>Christmas Break</b> <b>21</b></p>
<p><b>Christmas Break</b> <b>24</b></p>	<p><b>Christmas Break</b> <b>25</b></p>	<p><b>Christmas Break</b> <b>26</b></p>	<p><b>Christmas Break</b> <b>27</b></p>	<p><b>Christmas Break</b> <b>28</b></p>
<p><b>Christmas Break</b> <b>31</b></p>				

The 5 Food Components that make up a meal are: Meat/Meat Alternate, Grain, Fruit, Veggie & Milk. Students must have at least 3 menu items on their tray to count as a lunch. One item must be a fruit or veggie. A variety of fresh/canned fruits & veggies and milk choice are available each day.

Skaneateles Central School is an equal opportunity employer.  
 Elementary School Lunch Price is \$2.85

