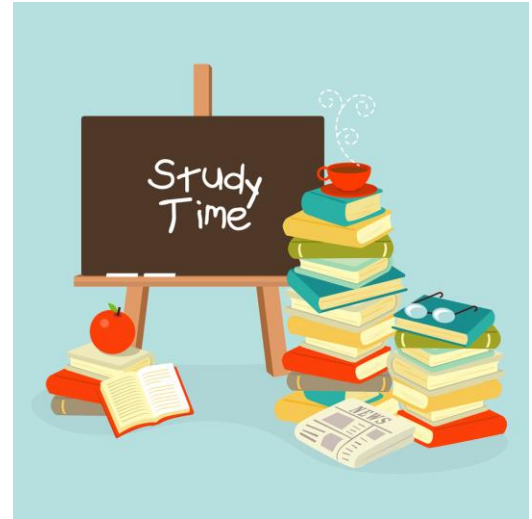


# STUDY SKILLS TIPS & TRICKS

## Helpful Tips

- Turn off your phone
- Ask for help (stay during Activity Period)
- Stay organized and create a practice test
- Take breaks and move around



## Methods

- Discover your learning style
- Create flashcards
- Use flow charts and diagrams
- Use Technology (quizlet, castle learning, etc)
- Study with friends, peers, family
- Explain material to others

## Time Savers

- Manage time so you are not cramming
- Create to-do lists and prioritize your time
- Use your planner to chart a schedule
- Organize material before you leave a class
- Establish a routine
- Space out your studying

# Test Taking Strategies

## Before the test....

- Study in a quiet space
- Do your homework
- Keep track of important dates
- Create a study routine
- Participate in class
- Stay organized
- Relax before the test
- Take 3 deep breaths

## The night before/ morning of the test.....

- Get a good night's sleep
- Eat a good breakfast
- Wear comfortable clothing

## During the test....

- Read all the directions carefully
- Write answers neatly
- Do your best work
- Don't rush
- Reread your answers
- Work at your own pace
- Cross out wrong answers
- Read all possible answer choices
- Skip hard questions until the end
- Be alert
- Have a positive attitude