

Monday

Tuesday

Wednesday

Thursday

Friday



Brunch For Lunch!
Breakfast Pizza (40g) 1
Tator Tots (20g)
Assorted Fruit (15g)
Veggies/dip
Tossed Romaine Salad
Milk choice

Ultimate Grilled Cheese (28g) 2
Low Sodium Tomato Soup (16g)
Assorted Fruit (15g)
Veggies/Dip
Milk Choice

Deli Turkey with cheese 3
On Croissant
Baked Lays Chips (24g)
Baked Beans (29g)
Assorted Fruit (15g)
Veggies/Dip
Milk Choice

Whole Grain Chicken Nuggets 5
(18g)
Potato Fries (18g)
Assorted Fruit (15g)
Veggies/Dip
Milk Choice

Walking Taco (28g) 7
Nacho Chips, taco meat
Lettuce, Tomato & Cheese
Fiesta Beans (16g)
Assorted Fruit (15g)
Veggies/Dip
Milk Choice

Brunch For Lunch! 8
French Toast Sticks (38g)
Syrup (21g)
Cherry Star (11G)
Sausage Links
Assorted Fruit (15g)
Veggies/Dip
Milk Choice

Hot Ham & Cheese 9
On Pretzel Roll (55g)
Seasoned Carrots (7g)
Assorted Fruit (15g)
Veggies/Dip
Milk Choice

Pizza Crunchers (41g) 10
With Marinara
Tossed Romaine Salad
Assorted Fruit (15g)
Veggies/Dip
Milk Choice

Whole Grain Chicken Tenders 13
(18g)
Whole Grain Goldfish (14g)
Smiley Fries (23g)
Assorted Fruit (15g)
Veggies/Dip
Milk Choice

Chinese Take Out! 14
Orange Chicken (19g)
Steamed Brown Rice (22g)
Steamed Broccoli (7g)
Assorted Fruit (15g)
Veggie/dip
Milk Choice

State Street Picnic 15
Hamburger OR Hot Dog (30g)
Baked Lays Chips (24g)
Baby Carrots w/dip
Macaroni Salad (15g)
Fresh Fruit Salad (15g)
Veggies/Dip
Milk Choice

Turkey Corn Dog (33g) 16
Baked Beans (29g)
Assorted Fruit (15g)
Veggies/Dip
Milk Choice

Homemade Cheese Pizza 17
(40g)
Tossed Romaine Salad
Veggies/Dip
Assorted Fruit (15g)
Milk Choice

20
NO SCHOOL

Cheesy Bosco Sticks (26g) 21
Marinara Sauce
Tossed Romaine Salad
Assorted Fruit (15g)
Veggies/Dip
Milk Choice

22
½ day
NO LUNCH

23
 ½ day
NO LUNCH

24
NO SCHOOL

27

28

29

30



The 5 Food Components that make up a meal are: Meat/Meat Alternate, Grain, Fruit, Veggie & Milk. Students must have at least 3 menu items on their tray to count as a lunch. One item must be a fruit or veggie. A variety of fresh/canned fruits & veggies and milk choice are available each day. Additional entrees charged as a la carte item.

Skaneateles Central School is an equal opportunity employer.

Elementary School Lunch Price \$0.00 Milk ONLY \$0.75