



Skaneateles High School Fall Newsletter



Opening day at Skaneateles High School



If someone was to ask me in August if we would still be in school in November, I would have said I hope so, but...I am so thankful that we are still able to have students attend school. Albeit a little different this year, we are doing our best to provide some sort of normalcy for our students. We are so proud of our students and how they have cooperated every step of the way with our temporary new normal. Our students have been so respectful, understanding, and have shown such great perseverance. I attribute our success with all our efforts from our community, faculty and staff, and students, as we have been following the recommended COVID-19 protocols and helping to keep our community safe and our schools open. While we have passed our 10 weeks mark, it is vital for us all to keep up the good work by continuing to wear masks, social distance, keep our hands sanitized, stay home when feeling ill and follow the screening and testing protocols. Please enjoy this Fall newsletter as we have worked to have as many events, clubs, activities, and athletics for our students to participate in along with all our courses and electives. Have a great Holiday Season everyone!

Sincerely, Mr. Santoro

No Homework Over Thanksgiving Break

It is Skaneateles High School's policy to not assign projects or homework over Thanksgiving break and no work will be due until the following Wednesday upon returning to school. We hope that students will enjoy time spent relaxing over the holiday and return to school feeling refreshed and ready to learn.



Important Dates

November

Thanksgiving Recess.....25-27

December

Holiday Recess.....Dec 24—January 3

Inside this issue:

High School PTC News & Seal of Biliteracy.....	Page 2
Job Shadow and Career Exploration.....	Page 2
Student Volunteerism, Psych Care,	Page 3
Nurses Corner.....	Page 3
Music News & Holiday Musical.....	Page 4
Student Clubs & Activities.....	Page 5
Student Clubs & Activities cont'd.....	Page 6
Athletics.....	Page 7
Counseling Center & AP Chill Zone.....	Page 8
STEM & Humanities.....	Page 9



High School Parent-Teacher Committee

The HS PTC is committed to promoting, facilitating and strengthening communications between parents, guardians, teachers and administrators in the high school. It also provides funds, resources, and support to programs, classrooms, clubs and events in order to provide enrichment and the best overall learning environment for all students.

President: Karen Dunphy
Vice President: Karen Tallerico
Treasurer: Ginny Lovier
Secretary: Julia Wamp

The Skaneateles Parent Teacher Committee continues to use the website/mobile app for parents in-

terested in participating in the committees. The website, skanschoolsptc.org, provides parents with a Membership Toolkit that make planning and communicating much easier. All PTC fundraisers and volunteer sign-ups will run through the Membership Toolkit. "This is an awesome tool for parents to stay connected," Skaneateles SEF Executive Director, Heather Carroll said. "The mobile app is especially convenient because you can look someone up in our directory and contact them with the press of a screen."

Parents are encouraged to sign up on the new site at skanschoolsptc.org. If anyone

has any questions or concerns about the technology, please contact Karen Dunphy at kdunphy257@gmail.com or Heather Carroll at Heather@skanedfoundation.org.

In addition, we want to thank everyone who continues to support our teachers and students by purchasing Spirit Wear items at <https://skanptc.spiritsale.com/>. You can continue to order items throughout the year, and especially now to order new, warm projects in time for winter weather and the upcoming holidays.

Thank you for supporting the PTC!

New York State Seal of Biliteracy

Skaneateles Central School District offers students the opportunity to earn The New York State Seal of Biliteracy, a program for our junior and senior level students. The Seal of Biliteracy is a formal recognition of a student's high level of proficiency (reading, writing, listening and speaking) in English and in a second language. The Seal of Biliteracy distinction on a student's high school transcript specifically:

- shows the student's commitment to world languages and cultural awareness;
- provides universities with a method to recognize and give the student credit for attainment of high level skills in multiple languages;
- demonstrates to colleges and future employers that the student is proficient in English and another world language;
- prepares students with 21st century skills that will set them apart in the labor market and the global society;
- recognizes the value of language diversity and honors the multiple cultures, heritages, and languages in our community and in other communities.

If you would like more information, please contact your student's junior and/or senior world language or English teacher for more details. Teachers will be discussing the program and criteria in their classes. There is additional work that students must engage in to earn this distinction. Students will be advised by English and world language teachers during the process.

Job Shadowing and Career Exploration

The Job Shadow Program looks a little different this year as we are going virtual. Mrs. Michel and the Career Exploration office is in the library and she is available to help students explore careers through Naviance. Naviance is college and career ready software that provides students with college planning and career assessment tools. The goal is for students to gain a better understanding of their field of interest and familiarize themselves with potential careers he/she may not have known existed. In addition to exploring details on various careers, this program provides a list of colleges that offer majors related to those careers. The Job Shadow website has information on virtual events and announcements. All events have a link from our page and can be accessed through the counseling or library tab on the high school website. Looking ahead, we will be offering more Zoom meetings with professionals and will be encouraging kids to take the time to explore careers of interest. Parents represent a wide variety of careers spanning all occupations and industries. Please reach out to gmichel@skanschools.org if you would like to talk about your career and help make a difference in our student's future career exploration.

Student-Athlete Volunteerism



The Skaneateles High School Club-Lakers for Veterans- accepted donations from students on Thursday and Friday (11/12-11/13) and Monday and Tuesday (11/16-11/17) outside the main office near the counseling center for veterans at the Syracuse VA Medical Center. Items donated were the following items which are needed by our veterans: grocery store gift cards; fast food gift cards (i.e. McDonalds, Burger King etc.); masks, hand sanitizer; toiletries (i.e. soap, shampoo, toothbrushes, toothpaste, etc.); and hats/gloves/scarves for the winter season. Thank you for your support!



The Skaneateles Girls Lacrosse team honored Veterans on Wednesday, November 11th at 11:00 AM. Thank you!

Psych Corner

Looking through the holiday lens:

The measurement of sharpness and visual acuity considered normal is 20/20 vision. With the year 2020 drawing to a close, our world appears less clear than ever before. Rapid changes in how we live, learn, and interact has increased the level of uncertainty. In fact, some of the most common stressors we experience is the unknown. It's human nature to focus on the negative or the things going wrong. I'm reminded to be mindful of the messages allowed in as perception determines our reality.

Knowledge is power and if you find yourself stressed or discouraged it's OK to disconnect from all the noise for a little bit. Now looking through the holiday lens lets be aware of the viewpoints we let ruminate in our minds. In a recent article from Harvard Health (2019, June 5th), *In Praise of Gratitude*, the writers say expressing thanks is the simplest way to feel better. It is true being thankful equals happiness and contentment. So go ahead and tell another you appreciate them. Find some things, some people, or events to be thankful for. Cherish past experiences and memories, appreciate today and all the little things overlooked or taken for granted, and be hopeful for a brighter future.

Expressing genuine thanks and gratitude promotes wellness and makes others feel better too. Research overwhelmingly supports the connection between health and gratitude (Seligman, Steen, Park, and Peterson, 2005). So if you want to trigger some positive emotions and improve your attitude, express some gratitude. Wishing all Laker families a safe and enjoyable holiday season.

David Frechette
School Psychologist

Nurses Corner

Stop the Spread of Germs

Help prevent the spread of respiratory diseases like COVID-19.



[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)



Music News

All choirs and ensembles will be putting out a "virtual concert ". The "virtual concert" will be about 8 pieces (4 High School and 4 Middle School). It will be shared out on the district's Facebook page sometime in December before the Holiday Break. High School Chorus is recording "White Winter Hymnal" (as sung by the Pentatonix). The High School Chorus and Band is performing "Christmas (Baby Please Come Home)" and the High School band is doing a solo piece—"The Christmas Song".

The High School Orchestra students are learning many new technical skills, as they learn how to record themselves for a virtual video. This is a new and difficult challenge as students learn to play with a track instead of a conductor, and learn how to listen both to themselves and the track together. It has been a busy fall for us! The High School Orchestra will be playing "Counting Stars" by One Republic, for the virtual concert.



High School Chorus



High School Band



High School Orchestra

Holiday Musical

The COVID-19 pandemic has drastically changed the theatrical experience for students, as it has changed so many aspects of high school. Ordinarily, the Skaneateles Drama Club would have put on a fall production back in early November, but due to social distancing guidelines and other coronavirus-related barriers, a regular fall show was not in the cards for this year. Students and faculty alike had to think creatively in order to bring a safer sort of performance to the school. This year, Mr. Franco started a new class called Production Technology, dedicated to teaching students the behind the scenes aspects to both live theater and film, such as camera work, lighting, audio engineering, and foley. The idea of a radio show came almost embedded into the nature of this course. This specific type of performance would be able to serve both as a lesson for his class, and as an opportunity to involve Drama Club students who are missing their regular creative outlet this fall.

Born out of this unique set of circumstances and the resourcefulness of

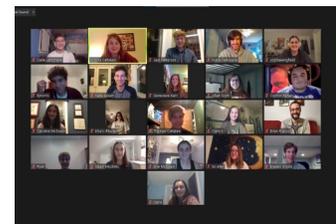
students and staff, the Production Technology class in partnership with the High School Drama Club is proud to present to you their radio play version of "It's A Wonderful Life".

In order to involve as many students as possible, Mr. Franco decided to create two casts for the show. This means that there will be two separate performances of "It's A Wonderful Life" available to stream at the same time. Students have been split into two casts according to their existing Blue and Gold teams. Though each cast will be made up of students from their respective groups, students from both teams will be in charge of advertising, fundraising, and sound for both performances. Regardless of which cast they are in, everyone involved is so excited to be able to bring a different sort of dramatic production to the community, and cannot wait for you to be able to witness all their hard work. Complete with voice acting, sound effects, and vintage advertisements, this show is sure to make you feel as though you are listening to a true 1940's radio broadcast. Cuddle up with a cup of hot

chocolate around a warm fire on December 18th-20th, and listen as Skaneateles students spin this classic holiday tale.



Jillian Scott working in the Prop Room



A virtual rehearsal!



Owen Gay designing the website!

Student Clubs & Activities

National Art Honor Society

The National Art Honor Society recently held its second meeting on Zoom. The officers this year are Hope Cross Jaya: President, Ally Sell: Vice President, Maggie Newton: Treasurer, and Campbell Loi: Secretary. They have been brainstorming ways to engage in creative activities while still social distancing. The first Art Club will be held virtually in the next few weeks; with guest artist Rudo Greissworth from New Zealand who will Zoom in for a watercolor workshop. Stay tuned! The National Art Honor Society is also pairing up with the new Skaneateles GSA, assisting them with creating a logo.

Art Club

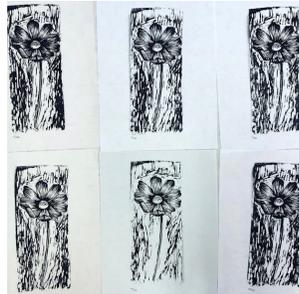
Art Club is run and maintained by the Skaneateles High School Chapter of the National Art Honor Society. Once a month the club holds a themed workshop open to all students that teaches them a new creative project. Keep track of Art Room happenings on the Art Room Instagram @magicintheartroom .



Sophia Wingfield



Lily Miller



Alexis Barron



Sophia Cattalani

Model UN



Ben Wells



Matheu Campbell

On October 24th, the Skaneateles Model UN team participated in a first ever ZOOM conference! The conference was hosted by Manlius Pebble Hill and went off without a hitch! All of the participants were amazing with two Lakers winning top honors in their committees. Seniors Matheu Campbell and Ben Wells both brought home BEST Delegate awards representing China in World Health Organization and UN Security Council. Amazing job! COVID may have stopped March Madness, but MUN Madness is in full effect!

Mr. Slauson's EDD Class



Mr. Slauson's EDD Class!

Students in Mr. Slauson's EDD class working and creating together!

ATTENTION STAFF & STUDENTS

PLEASE KEEP YOUR EYE OUT FOR THE FOLLOWING PLACES TO TAKE A QR CODE SURVEY FOR EDD'S TOUCH-LESS HAND SANITIZER DISPENSER!

SPONSORED BY
THE ENGINEERING
DESIGN AND
DEVELOPMENT
STUDENTS

**HS COMMONS
MATH WING
TECH WING
HS OFFICE
DISTRICT OFFICE**

PLEASE
EMAIL
MSLAUSDON@SKANSCHOOLS.ORG
FOR
ANY
QUESTIONS

Staff and students were given an opportunity to participate in the Engineering Design and Development survey on their Touch-Less Hand Sanitizer Dispenser.

Student Clubs & Activities and Successes continued!

SKAN—GSA

Skaneateles High School is proud to announce the formation of Skan-GSA: Skaneateles High School Gay Straight Alliance. Skan-GSA is a student organization that creates a caring and supportive community for all Skaneateles students, regardless of sexual orientation, creating a safe space for LGBTQIA+ students and allies. LGBTQIA+ stands for lesbian, gay, bisexual, transgender, queer/questioning, intersex, asexual/aromantic and beyond. If you identify on the spectrum, here are some things to remember: Skan-GSA will be an organization for everyone in our community.

- Nobody has the right to harass you
- You don't have to "come out"; prioritize your safety
- Talk to supportive people you can trust

This year the SKAN-GSA will participate in the World AIDS Day. We will be asking teachers and students alike to wear red on December 1st and/or December 3rd.



Successes!



Class Elections

Senior Class Officers:

President— Trevor Knupp
Vice President— Andrew Neumann
Secretary— Riley McConochy
Treasurer— Ken Byrne

Sophomore Class Officers:

President— TBD
Vice President— TBD
Secretary— TBD
Treasurer— TBD



Junior Class Officers:

President— Ashton Bennett
Vice President— Grace Bailey
Secretary— Colin Gaglione
Treasurer— Bridget Carroll

Freshmen Class Officers:

President— Carter Corbett
Vice President— Colton Sears
Secretary— Keady Azzam
Treasurer— Ella Arroyo

Athletics

Boys' V Soccer Team, the Defending NYS Champions, finished its COVID season 10-3-1. Two notable wins were over rival Marcellus and boasting a record of 3-1 over the Class A and AA's in 4 games. Best highlight would be the team's ability to adapt, improvise and overcome the mental and physical obstacles imposed this fall in order to play! Their diligence and commitment to abiding by all the policies and precautions allowed us to have 14 games this fall while many other teams in the area had less than 8 or were shut down completely.



Boys' JV Soccer had 23 players this year. A great group of student-athletes working hard and committed to team success. They finished with a record of 5-1-1, including an outstanding 1-0 win over rival Westhill.

The Skaneateles Boys Cross Country Team had a season that left them wondering what could have been had there been sectional and state championship races this year. In dual meets, the boys were 7-0, sweeping 6 opponents and surrendering just one point to their remaining foe. Competing at two mini-invitationals, the boys had one win and one second place finish (perennial state class A power Liverpool was the only team to outrun the Lakers this year). Seniors Caleb Bender, Matt Persampieri, Joe Norris, Josh Reed, and Will Swarts all had strong seasons.

The Skaneateles Girls Cross Country Team recently completed a successful short season. In spite of not being at full strength for any meet, the lady harriers finished the dual meet portion of the season 6-1. An early season loss to Marcellus was avenged when the two teams met again on Oct 31. The Lakers also competed in two mini-invitationals recording a fourth and second place finish.

Senior Hope Cross-Jaya was the top runner this year.



Girls' V Soccer Team showed consistent improvement (record 6-6) with in a positive environment throughout the season this year. They finished the season with some exciting team performance against strong competition.

Girls' JV Soccer Team had another great season even with multiple obstacles they had to circle around. Starting the year with a handful of normal swimmers and volleyball players, along with our yearly soccer players, made it for a very busy and successful preseason before getting into games. With two weeks left in the season, the team lost 6 players due to quarantine which left the team with 9 players. With all the loss, it didn't stop the group from moving forward to finish out the season! The girls finished with a 6-2 record and a much successful improvements throughout the season! The addition of extra players this year made our team realize with hard work and trainings, any athlete can become a good soccer player!

The Skaneateles Girls Varsity Tennis Team finished their fall season with a perfect record. It was a very different season for the team with the late start, playing in masks, and cancellations due to Covid exposures but the team was thrilled to compete. The Lakers finished undefeated in their league by

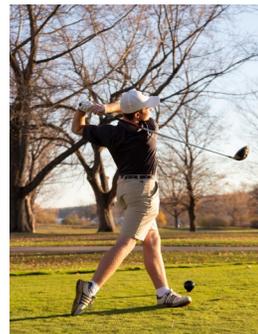


beating Jordan Eldbridge, Westhill, and Marcellus and CB. The outstanding #1 doubles team of Emma Miller and Ella Danforth also remained undefeated with a 6-0 record. The starting lineup also included McKenna Ellis, Lily Miller, Isabella Soderberg, Sophia Soderberg, Alice Spaulding, Sofia Capozza, Maggie Newton, Kelsey Rutledge, Rachel Hackler and Kate Aberi.

The Lakers also say good-bye to seniors Emma Miller, Kate Aberi, Kendall Tillotson, Maggie Newton, Julia Marshall, Anna Major, Graecyn Congel, and KC Clark.



Boys' V Golf finished 10-1 this season and won their league title. The team was led by senior, Tynan Jones. Tynan earned the OHSL Player of the Year award for the 3rd straight season, and also broke a 30 year old school record for the most consecutive rounds in the 30's. The Skaneateles Golf team was also heavily backed by OHSL 2nd Team All-League Players Tyson DiRubbo, Shawn Luce, and Drew Henderson.



Blue vs. Gold Modified Soccer games were held on Halloween—great weather and a really fun day!

In addition, the Student Athletic Council produced multiple PSA's to advocate wearing a mask and social distance during the Covid-19 pandemic.

Counseling Center

Warm greetings and well wishes from the High School Counseling Center!

As we near the end of the Fall season and approach Winter, we wanted to reach out to you with an update on some available resources. Given the current pandemic, we know that many people, including our students are dealing with a lot of stress and anxiety. We have created some additional resources this year, which we hope you and your child(ren) find helpful, including a [Covid-19 website](#). Another added resource is a [Virtual Counseling Center](#) which features various articles on wellness as well as various videos and sound clips with breathing exercises, meditations and stress management tips. Additionally, this year we have been able to partner up with our Physical Education classes in order to put out several wellness lessons including coping skills, dealing with stressful situations, the importance of adequate sleep and nutrition, etc. Also, you may have seen that this year our AP Chill Zones have gone virtual! Our hope is to continue to help foster a sense of community among our students and staff as well as remind everyone that a break in the day to do something fun can be very beneficial. Please enjoy pictures of some of our student and staff creations from our first ever Virtual AP Chill Zone as well as a picture of our [Virtual Counseling Center](#) which are located below. As always, please reach out to your child's School Counselor with any questions or concerns.

Class Updates

Seniors: We want to make sure that we don't miss any important deadlines! To those students who have already sent out applications to colleges, make sure you fill out a pink Application Processing Form

(available in the Counseling Center or via the [Virtual Senior Site](#)). If you took the SAT/ACT and wish to have your scores sent to the colleges you are applying to, please remember to send them directly from [sat.org](#) or [actstudent.org](#). If you need any first marking period grades or mid-marking period grades sent to colleges, please fill out the appropriate form (available in the Counseling Center or via the [Virtual Senior Site](#))

Juniors: After the holidays, students will engage in a kickoff to post-secondary planning. In February, counselors will be going into classrooms to discuss the college application process as well as other post-secondary options. From there, juniors and their families will be invited to individual planning meetings. In the new year, we will be sending information regarding College Night for Juniors and their parents, which will be held February 1st. More information will also be available on the [Breaking News](#) section of our website as the event gets closer!

Sophomores: Last year, all students completed the Career Interest Profiler in [Naviance](#), which is a computer program that allows students to explore colleges and careers. This year, we will continue this work with sophomores as we further explore Naviance. This program has wonderful college and career search engines, a resume and activity sheet builder and the capability to gather statistics regarding trends in college acceptance from our students. In the coming weeks, counselors will be meeting with sophomores to go over individual four year plans and will then be going into classes later in the winter to explore Naviance a bit more and to discuss next year's course selections.

Freshmen: The Freshmen seem to be off to a solid start this year! As a reminder, if you have any concerns, academic or otherwise, please don't hesitate to contact your son's or daughter's counselor for assistance. In early January, counselors will be going into freshman classes to talk about course selections for next year and to do some career exploration in [Naviance](#). Naviance is a college and career exploration program which we work with students on each year of high school. On January 11th, we will be holding an evening event for Freshmen parents. At that time we will discuss Naviance, graduation requirements, course selection and more. Please check the [Breaking News](#) section of our website for more information as the date gets closer!

For All Parents/Students: On February 1st in the evening, we will be hosting an informational event with a college admissions panel. More information will be available on our [Breaking News](#) page as the date gets closer! Also, please be sure to check out the [Breaking News](#) tab of our website periodically for the latest information and updates from the Counseling Center!

Additionally, thank you to everyone who participated in this year's AP Chill Zone Pumpkin Decorating Contest! Here are the winners! Coral Bales—Funniest, Katie Combs—Most Laker Pride, Genevieve Kerr—Most Creative, Kate Aberi—Scariest and Mrs. Pratt—Staff Winner.



From the STEM and Humanities Office

Francine Grannell, Humanities Coordinator and Brian Cohen, STEM Coordinator

Congratulations to all of the Skaneateles students (and their teachers) who took AP exams in the 2019-20 school year! Our students worked hard and performed incredibly well on these exams, far outperforming the national results.

	Level 1	Level 2	Level 3	Level 4	Level 5	Avg. Score
AP Biology						
Global	7% (22977)	24% (69598)	37% (92488)	23% (58101)	9%	3.04
Skaneateles (30 stdt)	0%	17%	53%	23%	7%	3.20
AP Calculus AB						
Global	15%	24%	21%	21%	20%	3.07
Skaneateles (21 stdt)	10%	29%	19%	14%	29%	3.24
AP Calculus BC						
Global	4%	14%	19%	18%	45%	3.84
*Skaneateles Online (2)	0%	50%	50%	0%	0%	2.50
AP English Language and Composition						
Global	12%	26%	29%	20%	13%	2.96
Skaneateles (54 stdt)	2%	11%	35%	31%	20%	3.57
AP English Literature and Composition						
Global	12%	28%	34%	17%	9%	2.84
Skaneateles (7 stdt)	0%	0%	43%	57%	0%	3.57
AP Environmental Science						
Global	21%	26%	13%	28%	12%	2.85
Skaneateles (24 stdt)	4%	29%	42%	17%	8%	2.96
AP European History						
Global	11%	29%	25%	20%	14%	2.95
Skaneateles (20 stdt)	0%	0%	25%	30%	45%	4.20
AP Latin						
Global	13%	18%	32%	20%	16%	3.09
Skaneateles (3 stdt)	0%	0%	33%	67%	0%	3.67
AP Macroeconomics						
Global	20%	16%	19%	25%	19%	3.07
*Skaneateles Online (2 stdt)	0%	100%	0%	0%	0%	2.00
AP Microeconomics						
Global	17%	14%	17%	29%	23%	3.26
*Skaneateles Online (1 stdt)	0%	0%	0%	0%	100%	5.00
AP Physics 1						
Global	22%	26%	25%	18%	9%	2.66
Skaneateles (21 stdt)	10%	24%	14%	33%	19%	3.29
AP Physics 2						
Global	5%	21%	35%	24%	14%	3.20
*Skaneateles Online (1 stdt)	0%	0%	0%	100%	0%	4.00
AP Psychology						
Global	19%	10%	23%	25%	22%	3.21
*Skaneateles Online (2 stdt)	0%	0%	50%	0%	50%	4.00
AP Spanish Language and Culture						
Global	1%	9%	23%	36%	31%	3.86
Skaneateles (8 stdt)	0%	0%	25%	63%	13%	3.88
AP Statistics						
Global	19%	22%	23%	20%	16%	2.93
Skaneateles (16 stdt)	0%	6%	25%	38%	31%	3.94
AP United States History						
Global	21%	20%	27%	19%	13%	2.82
Skaneateles (33 stdt)	6%	18%	21%	15%	39%	3.64
AP World History						
Global	14%	26%	28%	23%	9%	2.87
Skaneateles (37 stdt)	0%	14%	22%	49%	16%	3.68