

Skaneateles Schools Remote Learning Menu *for families that choose to pick up meals. Pick up after school Tuesday and Friday in the MS Commons 2:25-2:45pm

Monday	Tuesday	Wednesday	Thursday	Friday
Labor Day No School 7	<u>Whole Grain Chicken Tenders w/ BBQ sauce</u> 8 Whole Grain Dinner Roll Oven Fries Carrot Coins Applesauce Milk Choice	Brunch For Lunch! 9 <u>Mini Chocolate Chip Pancakes w/ Syrup</u> Danimals Yogurt Baby Carrots & Dip Chilled Peaches Milk Choice	<u>Hamburger on Whole Grain Bun</u> 10 Hummus Crunchy Veggies & Dip Fresh NYS Apple Milk Choice	No School 11
<u>Cheesy Bread Sticks w/ Side of Marinara Sauce</u> 14 Crunchy Broccoli Florets w/ Dip NYS Apple Slices Milk Choice	Chinese Take Out! 15 <u>Mandarin Orange Chicken</u> Steamed Brown Rice Steamed Edamame Fresh NYS Apple Milk Choice	Brunch for Lunch! 16 <u>Mini Waffles with Syrup</u> Danimals Yogurt Cherry Star Juice Crunchy Veggies & Dip Chilled Peaches Milk Choice	NY Thursday 17 <u>Barilla Pasta & Meatballs</u> Garlic Texas Toast Cucumber Slices & Celery Sticks Fresh NYS Apple Milk Choice	<u>Homemade Cheese Pizza</u> 18 Tossed Romaine Salad & Dressing Crunchy Baby Carrots & Dip Fresh Orange Milk Choice
Whole Grain Breaded Popcorn Chicken w/ BBQ 21 Whole Grain Dinner Roll Carrots & Celery Sticks w/ Hummus Sweet Corn NYS Apple Slices Milk choice	Personal Pan Pizza 22 Tossed Romaine Salad w/ Dressing Chilled Peaches Milk Choice	Brunch For Lunch! 23 <u>French Toast Sticks with Syrup</u> Chicken Sausage Dragon Punch Juice Fresh NYS Apple Milk Choice	Chinese Take Out! 24 <u>Sweet & Sour Chicken</u> Steamed Brown Rice Steamed Edamame Crunch Baby Carrots & Dip Applesauce Milk Choice	Chicken Patty on WG Bun 25 Green Pepper Strips w/ Hummus Fresh Strawberry Cup Milk Choice
Whole Grain Chicken Tenders 28 Sweet Potato Fries Crunchy veggies w/ dip Fresh Pear Milk Choice	Taco Tuesday! 29 <u>Beef Burrito with Lettuce, tomato and Cheese on the side</u> Taco Fiesta Black Beans Fresh orange Milk choice	Brunch For Lunch! 30 <u>Mini Maple Pancakes with Syrup</u> Danimals Yogurt Cherry Star Juice NYS Apple Slices Milk Choice		



The 5 Food Components that make up a meal are: Meat/Meat Alternate, Grain, Fruit, Veggie & Milk. Students must have at least 3 menu items on their tray to count as a lunch. One item must be a fruit or veggie. A variety of fresh/canned fruits & veggies and milk choice are available each day.

Skaneateles Central School is an equal opportunity employer.

HS Lunch Price \$3.25 Elementary School Lunch Price \$3.00 Milk \$0.75