

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> <u>GF Chicken Tenders</u> Emoji Fries GF Dinner Roll Assorted Fruit Veggies/Dip Milk Choice	<b>2</b> <u>Nacho Grande</u> <u>Taco Meat, Cheese, Lettuce,</u> <u>Tomato on Tortilla Chips</u> Fiesta Black Beans Assorted Fruit Veggies/Dip Milk Choice	<b>3</b> <u>Brunch For Lunch!</u> <u>GF Breakfast Pizza</u> Cherry Star Assorted Fruit Veggies/dip Milk choice	<b>4</b> <u>Chicken Parmesan</u> <u>Sandwich on GF Bun</u> (Chicken, Tomato Sauce, Cheese) Steamed Carrots Assorted Fruit Veggies/ dip Milk choice	<b>5</b> <u>GF Mozzarella Sticks w/</u> <u>Marinara Sauce</u> Steamed Green Beans Assorted Fruit Veggies/Dip Milk Choice
<b>8</b> <u>GF Chicken Tenders</u> Sweet Potato Fries Baked Beans Assorted Fruit Veggies/Dip Milk Choice	<b>9</b> <u>Chinese Take Out!</u> <u>GF Orange Chicken</u> Steamed Brown Rice Steamed Broccoli Assorted Fruit Veggie/dip Milk Choice	<b>10</b> <u>Brunch For Lunch!</u> <u>GF French toast Sticks</u> Hash browns Chicken Sausage Assorted Fruit Veggies/Dip Tossed Romaine Salad	<b>11</b> Veteran's Day No School	<b>12</b> <u>GF Mozzarella Sticks w/</u> <u>Marinara Sauce</u> Tossed Romaine Salad Assorted Fruit Veggies/Dip Milk Choice
<b>15</b> <u>GF Chicken Tenders</u> Baked Beans GF Cookie Assorted Fruit Veggies/Dip Milk Choice	<b>16</b> <u>GF Homemade Pasta</u> <u>&amp; Meat sauce</u> Seasoned Green Beans Assorted Fruit Veggies/Dip Milk Choice	<b>17</b> <u>Oven Roasted Turkey with Gravy</u> GF Dinner Roll Creamy Mashed Potatoes Steamed Carrot Coins Assorted Fruit Milk choice	<b>18</b> ½ Day NO Lunch	<b>19</b> ½ Day NO Lunch
<b>22</b> <u>Hamburger on GF Bun</u> <u>French Fries</u> California Blend Vegetables Assorted Fruit Veggies/Dip Milk Choice	<b>23</b> <u>Hot Dog on GF Bun</u> Sweet Potato Fries Assorted Fruit Veggies/Dip Milk Choice	<b>24</b> Thanksgiving Break No School	<b>25</b> Thanksgiving Break No School 	<b>26</b> Thanksgiving Break No School
<b>29</b> <u>GF Chicken Tenders</u> Oven Fries GF Cookie Assorted Fruit Veggies/Dip Milk Choice	<b>30</b> <u>GF Mozzarella Sticks w/</u> <u>Marinara Sauce</u> Tossed Romaine Salad Assorted Fruit Carrot Veggie/Dip Milk Choice			

**The 5 Food Components that make up a meal are: Meat/Meat Alternate, Grain, Fruit, Veggie & Milk. Students must have at least 3 menu items on their tray to count as a lunch. One item must be a fruit or veggie. A variety of fresh/canned fruits & veggies and milk choice are available each day. Additional entrees charged as a la carte item.**

Skaneateles Central School is an equal opportunity employer.

**Elementary School Lunch Price \$0.00 Milk ONLY \$0.75**