

Monday

Tuesday

Wednesday

Thursday

Friday



BBQ Chicken Wings 1
Coleslaw
Baked Beans
Gluten Free Dinner Roll
Assorted Fruit
Veggies/dip
Tossed Romaine Salad
Milk choice

Ultimate Grilled Cheese On Gluten Free Bread 2
Gluten Free Tomato Soup
Tossed Romaine Salad
Assorted Fruit
Veggies/Dip
Milk Choice

Middle/High School Picnic 3
Cheeseburger/Hamburger or Hot Dogs
On Gluten Free Bun
Salt Potatoes
Steamed Corn
Tossed Romaine Salad
Assorted Fruit, Veggies/Dip
Milk Choice

Gluten Free Chicken Tenders 5
Gluten Free Cookie
Potato Fries
Tossed Romaine Salad
Assorted Fruit
Veggies/Dip
Milk Choice

Walking Taco Nacho Chips, taco meat Lettuce, Tomato & Cheese 7
Fiesta Beans
Tossed Romaine Salad
Assorted Fruit
Veggies/Dip
Milk Choice

Brunch For Lunch! Gluten Free French Toast Sticks w/Syrup 8
Sausage Links
Tator Tots
Tossed Romaine Salad
Assorted Fruit, Veggies/Dip
Milk Choice

Gluten Free Pasta w/ Chicken Gluten Free Alfredo Sauce 9
Steamed Carrots
Tossed Romaine Salad
Assorted Fruit
Veggies/Dip
Milk Choice

Gluten Free Mozzarella Sticks With Marinara 10
Tossed Romaine Salad
Assorted Fruit
Veggies/Dip
Milk Choice

Gluten Free Mozzarella Sticks 13
Marinara Sauce
Tossed Romaine Salad
Assorted Fruit
Veggies/Dip
Milk Choice

Chinese Take Out! General Tso' Chicken 14
Steamed Brown Rice
Steamed Broccoli
Gluten Free Dinner Roll
Tossed Romaine Salad
Assorted Fruit, Veggie/dip
Milk Choice

Gluten Free Pizza Bar 15
Tossed Romaine Salad
Veggies/Dip
Assorted Fruit
Milk Choice

Gluten Free Chicken Tenders 16
Sweet Potato Fries
Gluten Free Cookie
Tossed Romaine Salad
Assorted Fruit
Veggies/Dip
Milk Choice

Pulled Pork on Gluten Free Bun 17
Oven Fries
Baked Beans
Tossed Romaine Salad
Assorted Fruit
Veggie/dip
Milk Choice

20
NO SCHOOL

21
Manager's Choice
Gluten Free option available
Tossed Romaine Salad
Assorted Fruit
Veggies/Dip
Milk Choice

22
½ day
NO LUNCH

23
Happy's Last Day of School
½ day
NO LUNCH

24
NO SCHOOL

27

28

29

30



The 5 Food Components that make up a meal are: Meat/Meat Alternate, Grain, Fruit, Veggie & Milk. Students must have at least 3 menu items on their tray to count as a lunch. One item must be a fruit or veggie. A variety of fresh/canned fruits & veggies and milk choice are available each day. Additional entrees charged as a la carte item.

Skaneateles Central School is an equal opportunity employer.

Middle/High School Lunch Price \$0.00 Milk ONLY \$0.75