

Monday

Tuesday

Wednesday

Thursday

Friday



BBQ Chicken Wings 1
Coleslaw
Baked Beans
Whole Grain Dinner Roll
Assorted Fruit
Veggies/dip
Tossed Romaine Salad
Milk choice

Ultimate Grilled Cheese 2
Low Sodium Tomato Soup
Tossed Romaine Salad
Assorted Fruit
Veggies/Dip
Milk Choice

Middle/High School Picnic 3
Cheeseburger/Hamburger or Hot Dogs
Salt Potatoes
Steamed Corn
Tossed Romaine Salad
Assorted Fruit
Veggies/Dip
Milk Choice

Whole Grain Chicken Tenders 5
Whole Grain Cookie
Potato Fries
Tossed Romaine Salad
Assorted Fruit
Veggies/Dip
Milk Choice

Walking Taco 7
Nacho Chips, taco meat
Lettuce, Tomato & Cheese
Fiesta Beans
Tossed Romaine Salad
Assorted Fruit
Veggies/Dip
Milk Choice

Brunch For Lunch! 8
French Toast Sticks w/Syrup
Sausage Links
Tator Tots
Tossed Romaine Salad
Assorted Fruit
Veggies/Dip
Milk Choice

Pasta w/ Chicken 9
Alfredo Sauce
Steamed Carrots
Tossed Romaine Salad
Assorted Fruit
Veggies/Dip
Milk Choice

Pizza Crunchers 10
With Marinara
Tossed Romaine Salad
Assorted Fruit
Veggies/Dip
Milk Choice

Whole Grain Mozzarella Sticks 3
Marinara Sauce
Tossed Romaine Salad
Assorted Fruit
Veggies/Dip
Milk Choice

Chinese Take Out! 14
General Tso' Chicken
Steamed Brown Rice
Steamed Broccoli
Whole Grain Dinner Roll
Tossed Romaine Salad
Assorted Fruit, Veggie/dip
Milk Choice

Pizza Bar 15
Tossed Romaine Salad
Veggies/Dip
Assorted Fruit
Milk Choice

Whole Grain Chicken Tenders 15
Sweet Potato Fries
Whole Grain Cookie
Tossed Romaine Salad
Assorted Fruit
Veggies/Dip
Milk Choice

Pulled Pork on Bun 17
Oven Fries
Baked Beans
Tossed Romaine Salad
Assorted Fruit
Veggie/dip
Milk Choice

20
NO SCHOOL

21
Manager's Choice
Tossed Romaine Salad
Assorted Fruit
Veggies/Dip
Milk Choice

22
½ day
NO LUNCH

23
Happy's last DAY of school
½ day
NO LUNCH

24
NO SCHOOL

27

28

29

30



The 5 Food Components that make up a meal are: Meat/Meat Alternate, Grain, Fruit, Veggie & Milk. Students must have at least 3 menu items on their tray to count as a lunch. One item must be a fruit or veggie. A variety of fresh/canned fruits & veggies and milk choice are available each day. Additional entrees charged as a la carte item.

Skaneateles Central School is an equal opportunity employer.

Middle/High School Lunch Price \$0.00 Milk ONLY \$0.75