

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p><u>Whole Grain Chicken Nuggets</u> Emoji Fries Whole Grain Gold Fish Assorted Fruit Veggies/Dip Milk Choice</p>	<p>2</p> <p><u>Nacho Grande</u> <u>Taco Meat, Cheese, Lettuce,</u> <u>Tomato on Tortilla Chips</u> Fiesta Black Beans Assorted Fruit Veggies/Dip Milk Choice</p>	<p>3</p> <p><u>Brunch For Lunch!</u> <u>Breakfast Pizza</u> Cherry Star Assorted Fruit Veggies/dip Milk choice</p>	<p>4</p> <p><u>Chicken Parmesan Sandwich</u> (Chicken, Tomato Sauce, Cheese) Steamed Carrots Assorted Fruit Veggies/ dip Milk choice</p>	<p>5</p> <p><u>Mozzarella Sticks w/</u> <u>Marinara Sauce</u> Steamed Green Beans Assorted Fruit Veggies/Dip Milk Choice</p>
<p>8</p> <p><u>Popcorn Chicken</u> Sweet Potato Fries Baked Beans Assorted Fruit Veggies/Dip Milk Choice</p>	<p>9</p> <p><u>Chinese Take Out!</u> <u>Orange Chicken</u> Steamed Brown Rice Steamed Broccoli Assorted Fruit Veggie/dip Milk Choice</p>	<p>10</p> <p><u>Brunch For Lunch!</u> <u>French toast Sticks</u> Hash browns Chicken Sausage Assorted Fruit Veggies/Dip Tossed Romaine Salad</p>	<p>11</p> <p>Veteran's Day No School</p>	<p>12</p> <p><u>Cheesy Bread Sticks w/</u> <u>Marinara Sauce</u> Tossed Romaine Salad Assorted Fruit Veggies/Dip Milk Choice</p>
<p>15</p> <p><u>Whole Grain Chicken Tenders</u> Baked Beans WG Cookie Assorted Fruit Veggies/Dip Milk Choice</p>	<p>16</p> <p><u>Homemade Pasta</u> <u>& Meat sauce</u> Seasoned Green Beans Assorted Fruit Veggies/Dip Milk Choice</p>	<p>17</p> <p><u>Oven Roasted Turkey with Gravy</u> Whole Grain Dinner Roll Creamy Mashed Potatoes Steamed Carrot Coins Assorted Fruit Milk choice</p>	<p>18</p> <p>½ Day NO Lunch</p>	<p>19</p> <p>½ Day NO Lunch</p>
<p>22</p> <p><u>Hamburger on Bun</u> <u>French Fries</u> California Blend Vegetables Assorted Fruit Veggies/Dip Milk Choice</p>	<p>23</p> <p><u>Hot Dog on Bun</u> Sweet Potato Fries Assorted Fruit Veggies/Dip Milk Choice</p>	<p>24</p> <p>Thanksgiving Break No School</p>	<p>25</p> <p>Thanksgiving Break No School</p> <p> HAPPY THANKSGIVING!</p>	<p>26</p> <p>Thanksgiving Break No School</p>
<p>29</p> <p><u>Whole Grain Chicken Nuggets</u> Oven Fries WG Cookie Assorted Fruit Veggies/Dip Milk Choice</p>	<p>30</p> <p><u>Mozzarella Sticks w/</u> <u>Marinara Sauce</u> Tossed Romaine Salad Assorted Fruit Carrot Veggie/Dip Milk Choice</p>			



The 5 Food Components that make up a meal are: Meat/Meat Alternate, Grain, Fruit, Veggie & Milk. Students must have at least 3 menu items on their tray to count as a lunch. One item must be a fruit or veggie. A variety of fresh/canned fruits & veggies and milk choice are available each day. Additional entrees charged as a la carte item.

Skaneateles Central School is an equal opportunity employer.

Elementary School Lunch Price \$0.00 Milk ONLY \$0.75